

ZANC Board 2015

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Newsletter Date Apr - Jun 2015

FROM THE PRESIDENT

Wishing all of us **Navroze Mubarak- Norouz Pirooz**.

May the advent of Spring bring much joy and happiness in your lives and may we as a community hold together and be able to enrich our lives and that of our children by being active proud members of the community .

All of us on the Board of ZANC look forward to seeing you at the Navroze Party on Mar 21st (details on pg.6)!

From the Editor - as reported by a Congress attendee:

We congratulate our own Nazneen Spliedt on receiving Fezana's Humanitarian Service Award, at the December 2014 North American Congress in Los Angeles.

While accepting the Award from Katayun Kapadia, Fezana- President, Nazneen "thanked Fezana and the North American Community for the honor and for giving her the opportunity to serve, specially the community in Northern California - ZANC & PZO". She was happy to see many of her old friends from Karachi at the Congress as well as new ones from all over North America. She mentioned her deep appreciation for all the influential women in her life, the dedicated and selfless teachers at the Mama Parsi Girls School who taught her the value of service, to her parents , Gool & Phiroze Thanawalla and to her, aunt and uncle Gool & Behram Rustomji, (who was the Principal of the BVS Boys School in Karachi for 30 years) for "pushing" her into the path of doing good deeds for the community in many small ways.

To her husband Ehler for supporting her in most of the things she got herself involved with, and for being there to bail her out, when she took on more than she could handle!

Congratulations Nazneen! We appreciate your selfless service over the years.



Fezana 2014 Awards

At the recently held North American Zoroastrian Congress in Los Angeles, the bi-annual Fezana



959595 Awards were presented at a luncheon ceremony to honor the awardees.

There were various categories of awards given to outstanding Zarathushtis in various fields

The Rohinton Rivetna Outstanding Zarathushti Award was given to **Sam Vesuna** of Toronto for his long service to the Toronto Zarathushti Community and the Fezana community.

The Excellence in Business or Profession Award was presented to **Dr. Dinshaw Patel** of New York, for his research work in Structural Biology & Therapeutics at the Sloan -Kettering Cancer Center in New York. In recognition of his scientific contributions, he was elected to the

National Academy of Sciences

The Excellence in Performing Arts Award was won by **Ms Arzan Gonda** of Houston, an actress and Bharatanatyam Dancer. She is the founder and artistic director of the Rhythm India Dance Company which promotes the culture of Indian dance.

The Jamshed Pavri Humanitarian Service Award was awarded to **Nazneen Spliedt** for her various services and activities around the world and specifically for her work with the Northern California community. Her community service started before high school and continued through all the places where she has lived and worked. She has been active in various service associations, like the Blind Centre, the Girl Guides as well as the Society for Asian Art. She helped acquire a Zoroastrian ceremonial bowl for the Asian Art Museum in San Francisco.

The Outstanding Young Zarathushti Student Award was shared by **Persis Bhadha** of Florida, who is an outstanding Math & Science student, and who has spent many hours tutoring others. She spent summers doing research at the University in Florida where she developed a cocktail of antibiotics, which led to an award from the Dept of Agriculture.

Er. Porus Khambatta of New York, is currently a PhD student at Stanford's Graduate School of Business and is interested in doing research on entrepreneurship and the ways behavioral science can help us better understand social problems of children. He has been involved with the community in New York since his early days and is an ordained navar who has performed many religious ceremonies and represented the community at Inter-faith gatherings.

Er. Rayomad Ravji a 25 year old fully fledged priest received the North American Mobed Council's award, for being an outstanding young member of the Mobed Council as well as a volunteer priest with a degree in Psychology & Chemistry. He has volunteered at a local hospital in Illinois in the Oncology & Intensive Care units.

Congratulations to all the awardees!

Congratulations to Nilu Pashutani, daughter of Gollu & Khodu Pashutani of Folsom on completion of her Master's Degree in International Studies from University of San Francisco. This degree focuses on social justice, human rights, and international development. Her thesis title is "Identity and Religious Solidarity Among Zoroastrian-American Youth. She writes;



"I chose to write my thesis on Zoroastrian youth identity in California and how each anjuman supports religious solidarity. I investigated youth involvement in Zoroastrian history and culture, as well as the Parsi/Persian split. My goal with this project was to bring awareness to Zoroastrian organizations and how they can promote youth involvement worldwide. My next step is to secure a career in the human rights or development sectors. Using what I have learned in graduate school, I aim to make a difference in this chaotic world".

NPR's Visuals Team and Planet Money Win an Emmy!

A few months ago, Kainaz Amaria and her team won a News & Documentary Emmy Award in the "New Approaches: Documentary" category for their project

[Planet Money Makes A T-Shirt](http://planetmoney.com/shirt).

(Link: <http://planetmoney.com/shirt>)



CONGRATULATIONS!!



The ZANC participants at the NAZC Congress in Los Angeles on 31. December 2014. ZANC was represented by over 50 participants and about 25 from PZO. It was a well attended and interesting congress with many young adults attending and special programs for teens and young kids.



Zarthoshti Anjuman of Northern California Annual Report 2014

Our activities and events we celebrated during 2014 were varied and fun for all those attending.

We started off the new year with a **Fund Raiser Dinner**, sponsored by Khushrow & Roshan Mistry, who cooked and donated the food. It was a very successful kick-off event for fund raising for an eventual new community centre. We were able to raise \$ 9,900 that evening.

Our 2nd **Ice Skating** evening at Winter Lodge in Palo Alto was much enjoyed by everyone, including the hot cocoa and the meal from Baja Fresh.

A **Pizza & Bingo** evening in February was enjoyed by all, specially the kids playing Bingo

Nowruz /Navroze was celebrated on March 23rd with an Afghan lunch at the Berryessa Community Centre. Our AGM was also held at the same time.

We held our **Annual Picnic** on July 13th with nearly 100 people attending. It was held at the Foothill Park in Palo Alto, and was catered by our own Dino Anklesaria. Adults and children had great fun playing games or just lazing in the sun.

In August we held our 5 days of **Mukhtad prayers** from the 13th to the 17th.

Parsi New Year was celebrated on August 23rd at the Golden Peacock Restaurant in Hayward.

After a break of a year we were able to hold the annual **Ghambhar** on October 4th at the Berryessa Centre, with cooking at the Dar-e-mehr. The food was transported in people's vans to the Centre and the rice and dal was kindly cooked and donated by Khushrow & Roshan, which greatly helped in the transportation and cooking from the Dar-e-mehr

A **Costume party and Bingo night** on October 25th, with a Halloween theme, attracted about 40 persons and was held at the Cubberly Community Centre in Palo Alto. The Bingo game is always a big attraction for everyone and is enjoyed by young and old.

Children's religious classes continued to be held the third Sunday of the month, followed by a pot-luck lunch. Thanks to our mothers who have organized a schedule of dishes for everyone to bring. This has helped us have a varied menu, which is not top-heavy with desserts.

The President and Secretary represented ZANC at the annual FEZANA AGM in Seattle from May 16-18th

Nearly 50 ZANC members attended the XVII **North American Zoroastrian Congress** in Los Angeles and had the opportunity to interact with other Zarathushtis from around the Continent while attending interesting sessions and fun social activities.

Memberships

As at the end of 2014 and for FEZANA's count we have 580 adult paid up individual members, 18 & over. We have 51 Life members with a total of 256 paid-up memberships.



ZANC Annual Report 2014 (contd.)

Dar-e-Mehr

During the year the joint PZO & ZANC committee met regularly and decided to consult an expert land use attorney and make decisions on moving forward

In 2014 ZANC paid \$12,500.00 as our share towards the maintenance costs & repairs.

Many Thanks

To Er. Kobad Jamshed for performing the prayers for our dear departed during the 5 Mukhtad days as well as performing jashans for Navroze and during ghambhar .

We thank our Sunday school teachers- Annahita Jasavala, Homai Kasad, and Delnavaz Dastur for continuing with the children's religious education.

To the 2014 Board members- Adil Engineer, Ehler Spliedt, Meher Mistri, Khurshid Gandhi, Dianne Patel & Parizad Patel, many thanks for the help and support they are always ready to give. To our trustees- Bomi Patel, Erach Tarapore, and Zareer Bhathena many thanks for their support and advice.

Our Web site is run by Darius Kasad for the past 9 years and we greatly appreciate his giving us his time and expertise.

To all of our Community, your participation, support and trust means a lot to us, especially at this trying time in our history.

Nazneen Spliedt

President

March 21, 2015

UPCOMING EVENTS

EVENT	DATE	LOCATION
<i>Local:</i>		
ZANC Children's Sunday School	Mar 15, Apr 19, May 17, 2015	DM @ 11.15AM
Jamshed -i- Navroze Dinner	Mar 21, 2015	Mitchell Park Comm. Ctr., Palo Alto,
Fun Day/ Hiking Day	May 2015 (TBD)	TBD
ZANC Picnic	July 26, 2015	Foothills Park, Palo Alto, CA
Ghambhar	Sept 26, 2015	Berryessa Comm. Ctr., San Jose
<i>National/International</i>		
FEZANA AGM	May 2, 2015	Philadelphia USA
World Youth Congress	Dec28, 2015-Jan 2,2016	Auckland, New Zealand www.6wzyc.co.nz/

NAVROZE PARTY!

DJ



Music



Get ready for a fabulous party to celebrate Navroze

21st Mar 2015, 6.00 PM



Mitchell Park Community Center

(Newly constructed at 3700 Middlefield Road, Palo Alto, CA 94303)

FUN!

Afghani
Food



DANCING!



Games



-----Tear Sheet

21st March 2015 Navroze Dinner Reservations

Name(s): _____

Adult _____ x \$ 32.00
Children 8 – 14yrs _____ x \$ 16.00
Children 5 – 7yrs _____ x \$ 8.00
Children under 5yrs _____ free

Amount enclosed \$ _____ Total number of persons: _____ No. of Vegetarians: _____

Please register before March 14th to adileng@gmail.com OR register at zanc.org and mail check to address below.

Thank you to those that have already registered, as space is limited for this super fun event!!



Make checks out to ZANC and mail to:
Adil Engineer
6124 Oak Forest Way
San Jose, CA 95120
Tel# 408-246-0975





6WZYC

Welcome - *Haere Mai*

6th World Zoroastrian Youth Congress



Auckland, New Zealand (28th Dec 2015 - 2nd Jan 2016)

We, the Zoroastrian Youth of New Zealand (ZYNZ) with the guidance of the Zarathushtrian Association of New Zealand (ZANZ) are hosting and organising the **6th World Zoroastrian Youth Congress in 2015**. Our vision is to create a global platform for our Zoroastrian youth to embrace our treasured culture, enhance our unique traditions and evolve to create a united future. In essence, the Congress motto: Embrace, Enhance, Evolve.

Our goal is to provide a memorable, religious and social experience for our young global Zoroastrian attendees, whilst striving to make this the first ecologically conscious WZYC.

You can now register to attend the congress. The rates for the congress are:

- Early Bird Rate: NZD \$1049.00 (valid from 1st December 2014 – 12th April 2015)
- Casual Rate: NZD \$1199.00 (valid from 13th April 2015 – 16th August 2015)
- Last Minute Rate: NZD \$1349.00 (valid from 17th August 2015 – 13th December 2015)

Please visit <http://www.6wzyc.co.nz/> for further details.

The ZANC Board will support Zarathushti Youth member(s) of ZANC, who are full time, part-time or recent students and planning to attend this congress, with a subsidy not exceeding \$ 400.00. Depending on the number of applicants, preference will be given to our current student members. The family should be paid up members of ZANC. Proof of congress registration required. Please contact Nazneen for further details.

Community News:

Births: A boy- AIDEN Kapadia to Kash Kapadia & Tanya Mehta on June 24, 2014 in Palo Alto.

A girl- AMENA Parendi Arafin to Parendi Mehta and Arafin on January 22, 2015 in Visalia CA.

Deaths: **Dr. Aban Daruwalla**- past BayArea resident, in Riverside CA on Dec 31, 2014. A well respected scientist working with the US Defense Dept & involved in the Mars project she was originally from Nagpur.

Mr. Fakir Pirojshah Jokhi, in Mumbai on February 24, 2015. Husband of Gool and father of Sanobar Hector Mehta and Monaz Jadwindar Singh. Beloved grandfather of Shireen & Zia Mehta and Nishan & Anaiya Singh



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If you're looking for a cruise vacation that's a little bit out of the way and a little bit out of the ordinary, make going on an Alaskan cruise your first choice! Alaska is a natural wonder through and through, but the coastal panhandle region Carnival sails to is perhaps the most stunning. On an Alaska cruise you'll find not only quaint towns and scenic harbor vistas, but the best of nature — including fjords, wildlife and mountains galore.

7 Day Alaska

Day	Port	Arrive	Depart
Tue	Seattle, WA		4:00 p.m.
Wed	"Fun Day" at Sea		
Thu	Cruise Tracy Arm Fjord		
Fri	Skagway, AK	7:00 a.m.	9:00 p.m.
Sat	Juneau, AK	7:00 a.m.	3:00 p.m.
Sun	Ketchikan, AK	7:00 a.m.	1:00 p.m.
Mon	Victoria, BC	7:30 p.m.	11:59 p.m.
Tue	Seattle, WA	7:00 a.m.	

Your departure date:

July 7, 2015

Itineraries are subject to change; port, sequence and scheduled times, and/or day. For the most updated cruise information, please contact your Travel Professional.

INTERIOR

From **\$874**

OCEAN VIEW

From **\$FULL**

BALCONY

From **\$1469**

Cruise rates are in U.S. dollars, per person and based on double occupancy. Taxes, Fees and Port Expenses range from \$38.42 to \$291.42, and are assessed on a per guest basis for all guests according to the itinerary. Offer is non-transferable, and has no cash value. Category restrictions and exclusions are capacity controlled and subject to change without prior notice. Offer is not combinable with any other discount or promotion, valid for new bookings only. Ship's Registry: The Bahamas, Panama & Malta.

BBTES Announcing First Z-CRUISE to Alaska
Discounted rate for 3rd/4th person @ \$299 pp + taxes
Low taxes of 203.25 pp.
Low Deposit of \$350/pp on or before Feb 15, 2015

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RECIPE CORNER

Daryus Kotwal ni BATASA Recipe!:

Ingredients:

1. All-purpose Flour 1Lb or 2¾ cups
2. Butter ½ Lb
3. Water or Whey ¾ Cup
4. Caraway seeds 3 teaspoons coarsely ground
5. Cardamom 1 tsp (preferably freshly ground)
6. Baking Powder 2 tsp or Yeast.
7. Sugar 1 tsp
8. Salt 1 tsp

Items needed:

- A Blender
- A Baking Sheet/tray to suit your oven. 17" x 14"
- A small grinder



Method:

Combine the dry ingredients together. Soften or partially melt the butter then blend into the dry mix adding a little water or whey at a time as it blends. Once the mixture is soft, not very soft, let the dough stand about an hour or more at room temperature.

If you are making the Batasas during the cold weather let it stand two or more hours. Alternately warm the oven to 100 degrees, switch it off the heat, let the dough stand in it for about an hour and a quarter, allowing the dough to rise up. Next, make small 1 inch diameter balls (about 48). Place the balls evenly spaced, leaving a one inch space between balls. They spread on heating. You should get 6 rows of 8 balls on the baking sheet/tray

Place the baking sheet or tray in the **cool** oven. Start the oven and bake at 350F for 20 mins. Reduce temperature to 250F for an additional 20 mins. Test the core of one batasa. If the core is moist, bake for another 10 minutes. Then test again. If still damp keep the heat on and sample after every 5 min. When you find the core just slightly damp, switch off the heat and leave the Batasas in the oven to dry through and through.

Let them cool off before consigning one to the mouth.

You should have about 40 pieces left, after all the tasting and sampling.

Enjoy, but remember these are very fattening(!). Using margarine is an alternative, but does not taste the same.

(Contributed by Rusi Sorabji and happily taste tested by the ZANC community!)



Image from:
<http://www.nilouferskitchen.com/>

Want to see it in color?? Check out the ZANC newsletter in color at www.zanc.org. There you can also find Dar-e-mehr hours, the Parsi calendar and the link for Dar-e-Mehr donations.



Dear ZANC Community Members:

We would like to make this a true community newsletter and so we invite input from you. Please feel free to share what you think would be interesting to our community. Examples would be beloved (and hopefully easy) recipes, art/drawings made by children, photographs, accomplishments, info on graduations, awards, navjotes, births, deaths, weddings etc.

Please email Nazneen/Ehler or Khurshid with this information. Submissions may be edited for clarity, space etc. Final decision to publish content lies with the ZANC Board.

Thank you and looking forward to your input.